

Dr Edward A Benison

January 2026

Contacts and personal information

Name	Edward Alessandro Benison
Medical qualifications	Consultant Anaesthetist - Dirigente Medico EDRA-DRA Post-graduate certificate in Medical Education (PgCertMedEd) FRCA MBBCh University Ferrara, Italy
General Medical Council UK	7245891
Specialist register Italy	Ordine Medici Provincia di Trento 05159
ESRA membership	55193 (current active member)
Language skills	English and Italian (bilingual mother tongue verbal and written)
Email:	edward.benison@asuit.tn.it edward.benison@apss.tn.it
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Education and qualifications			
European Diploma of Regional Anaesthesia EDRA-DRA			2025
Postgraduate Certificate In Workplace-Based Postgraduate Medical Education (Edge Hill University - UK)			2022
Fellow of the Royal College of Anaesthetists by examination (FRCA)			2018
Current employment and job role			
<p>Dirigente Medico (Consultant Anaesthetists) Santa Chiara University Hospital, Trento, Italy. Commenced: March 2023 - Full Time clinical work</p> <p>Clinical duties: 80% of clinical time spent as orthopaedic trauma anaesthetist at Santa Chiara University Hospital (ASUIT) which is the regional Major Trauma Centre and a centre of excellence for pelvic fracture care, operating an average of 60 cases/year. Santa Chiara Hospital has 2 orthopaedic theatres (one for trauma and one for elective work) and a dedicated team of orthopaedic anaesthetists. Most orthopaedic patients undergo awake surgery under regional/neuraxial anaesthesia or a combination of these. Dr Benison's primary area of interest is hip fracture surgery. In 2024 the orthopaedic unit performed 290 surgical hip fracture repairs, 93% of which were done within 48h of admission, making it one of the best performing hospitals in Italy for this indicator. This result was achieved by close collaboration between orthopaedic and anaesthetic teams, who are accustomed to managing complex high risk patients without delaying surgery. Santa Chiara Hospital is also the regional hub for hand surgery. Ultrasound guided regional anaesthesia is the cornerstone of local practice and is performed for the vast majority of patients.</p> <p>Since commencing his post at Santa Chiara Hospital in 2023, Dr Benison has performed over 150 brachial plexus blocks, 100 lower limb blocks and several truncal blocks for a wide variety of surgeries. On average he performs 3 neuraxial blocks a day, most of them coupled with fascial plane/peripheral blocks. His additional clinical duties are related to the on-call rota, general surgery and breast surgery. He also delivers teaching and mentoring in the clinical setting to anaesthetic trainees on a daily basis.</p> <p>Non-clinical duties: lead for anaesthetic trainees rotating in orthopaedic surgery. Lecturer in formal teaching sessions for anaesthetic trainees, covering both regional anaesthesia and general practice topics. Dr Benison is also an examiner and question writer for the end of year exams for our University of Trento School of Anaesthesia. For the 2025 exam session I wrote all the clinical cases and lead the examination session in collaboration with my head of department.</p>			
Employment history			
Locum Consultant Anaesthetist	East Cheshire NHS Trust		2022 - 2023
	Macclesfield, UK		
Anaesthetics Training	United Kingdom		2014 - 2021

Relevant Courses and Conferences	
	ESRA congress 2024 - 2025
	RA-UK congress 2020 - 2022
	East Surrey Regional Anaesthesia Course
	Regional Anaesthesia Masterclass (Royal College of Anaesthetists)
	Teaching & Learning In The Medical Workplace – Edge Hill University
Teaching	
From 2022	<ul style="list-style-type: none"> Mentor and tutor for Anaesthetic trainees at University Hospital Santa Chiara Trento, Italy Orthopaedic and Regional Anaesthesia lead for Anaesthetic trainees at University Hospital Santa Chiara Trento, Italy Supervising and teaching trainees and staff grades at East Cheshire NHS Trust, Macclesfield, UK
2020-	<ul style="list-style-type: none"> Mentoring junior trainees at the Royal Liverpool Hospital, Liverpool, UK Fascia Iliaca Compartment Block teaching for orthopaedic team at St Helens' Hospital, Whiston, UK Regional anaesthesia teaching for the Final FRCA exam (presenter), Liverpool, UK
Publications (peer-reviewed)	
2024	Anaphylaxis to Patent Blue V Dye With Clinical Deterioration Following Administration of Suxamethonium and Sensitisation on Skin Testing to Methylene Blue, Patent Blue V Dye and Suxamethonium Cureus DOI: 10.7759/cureus.63935 (First Author)
2021	Effect of personal protective equipment on perioperative anxiety in children and young people. BJA Covid-19 correspondence DOI: 10.1016/j.bja.2021.03.007
2020	Long term outcomes for elderly patients after emergency intensive care admission: A cohort study. PLOS ONE DOI: 10.1371/journal.pone.0241244
Publications (abstracts)	
2026	Anaesthetic management of pelvic fracture patients undergoing definitive surgical repair. <i>Anaesthesia 2026 (in press)</i> .
2021	Improving the Peri-Operative Experiences of Children and Young People During COVID-19: Does PPE Contribute to Anxiety? <i>Anaesthesia 2021, 76 (Suppl. 2), 16–165 number 253</i> .
	Tracheo-carotid fistula in a Duchenne Muscle Dystrophy (DMD) patient with a pre-existing difficult airway: management, teamwork, outcome and literature review. <i>Anaesthesia 2021, 76 (Suppl. 2), 16–165 number 190</i> .
	Risks associated with timing of fascia iliaca compartment block for neck of femur fracture in the Accident and Emergency Department and the operating theatres of the Royal Liverpool Hospital. Abstract 032 Abstracts of the Annual Congress 2021 23-24 September 2021, virtual conference

	https://associationofanaesthetists-publications.onlinelibrary.wiley.com/doi/10.1111/anae.15578
2019	Neuroaxial analgesia for elective caesarean section in a patient with Multiple Sclerosis (MS) and a pituitary prolactinoma. Presented at ESA congress, Vienna. June 2019. <i>European Journal of Anaesthesiology, Volume 36, e-supplement 57, June 2019, page 107</i>
2018	Use of the VivaSight-DL (Ambu®) for Ivor-Lewis and minimally invasive oesophagectomies. Presented at DAS annual scientific meeting November 2018. <i>Trends in Anaesthesia and Critical Care, Volume 23, December 2018, Pages 36-37</i>
2017	Outcomes in critically ill octogenarians and older: a clinically relevant tool to inform admission decision making. Intensive care society, State Of the Art conference. (Liverpool, December 2017) http://epostersonline.com/soa2017/node/610 Use of sugammadex for reversal of rocuronium after emergency laparotomy in a patient with brittle myasthenia gravis. Case report. <i>Anaesthesia</i> 2017. http://onlinelibrary.wiley.com/doi/10.1111/anae.14060/full
2016	Preserved quality of life after prolonged cardiac arrest following massive propranolol overdose: are β -blockers protective in cerebral hypoxia? Abstract. <i>Anaesthesia</i> 2017. QR-code feedback systems: time to save time. Abstract. <i>Anaesthesia</i> 2017. (2017), <i>Abstracts. Anaesthesia</i> , 72: 10-92. doi: 10.1111/anae.13789 Report on Air-Zermatt A-HEMS/AFCEST course. <i>Anaesthesia NEWS – The AAGBI newsletter</i> . (March 2017) Time for QR-code paperless feedback systems. Best poster at Management and leadership conference, JDAT, Manchester. https://drive.google.com/open?id=0Bye5zmQJhb-aOFRHZHhMNVV4ZE0
2013	Do patients with recurrent exacerbations of COPD requiring NIV receive higher pressures than those that are NIV naïve? In: European Respiratory Society Annual Congress Barcelona 2013. ERS On-line. 2013 http://erj.ersjournals.com/content/42/Suppl_57/P4751 Use of intravenous (IV) aminophylline in acute exacerbations of COPD with decompensated acidotic type 2 respiratory failure (T2RF) requiring non-invasive ventilation (NIV) In: European Respiratory Society Annual Congress Barcelona 2013. ERS On-line. 2013 http://www.ers-education.org/home/browse-all-content.aspx?idParent=126263 Compliance of in-hospital healthcare staff with guidance issued by DVLA and GMC regarding patient's safety to drive. Royal Liverpool Hospital poster; 2013. https://docs.google.com/file/d/0Bye5zmQJhb-aYW5ZRTZybGVNejA/edit?pli=1 (accessed 4 th Dec '13)

